

# **Intuition: A Practical Skill**

**May 1-4, 2008**

*Barryville, New York*

Patrick Lilly & LeeAnn Heinbaugh

The four day retreat focuses on getting to the core of who you are and how you want to live in relationship with work, family, spirit and self. Intuition is a primary skill for anyone who desires to live a heart centered life. Each of us is blessed with an innate intuition which will be enhanced during the seminar.

Intuition is, in the simplest of terms, a state of awareness. Developing and reinforcing our intuitive awareness is a skill. During the retreat we will use practical exercises and experiences to access and apply your own intuition. As a result, you will develop tools to guide, teach, support and more fully experience life. There will also be time for relaxation, reflection, and nature.

## **Accommodations:**

The retreat will be held in a private country home on the Delaware River surrounded by nature. Meals are included and will be prepared by participants on-site. This communal experience is an important part of our journey and time together.

## **Fees:**

\$850 per person double occupancy (includes seminar, food, lodging and all materials). Single rooms are available for an additional fee. Maximum of 12 participants. A \$450 non-refundable deposit is due by March 15. The remaining \$400 is due by April 1, 2008. No refunds will be made unless your space can be filled. For Registration please contact Patrick Lilly at (646) 442-7478 or email at [Patrick@coachingauthenticlives.com](mailto:Patrick@coachingauthenticlives.com).

## **Transportation:**

If you are traveling from outside of NY you can fly into any of the NY area airports and rent your own vehicle for transportation (transportation is not included in the fee). Further directions and details will be provided upon registration.

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**Patrick Vernon Lilly, MBA, CPC** is a successful entrepreneur, coach and mentor. Born and raised in Maryland, Patrick now resides in New York City. He is currently a Senior Managing Director of Coldwell Banker Hunt Kennedy and the owner and founder of Coaching Authentic Lives. He is featured in the "The Billion Dollar Agent" by Steve Kantor and is a "Star" with Howard Brinton's Star Power Systems. Patrick is a transformational coach certified by the ICF – International Coach Federation. He is a frequent speaker at conferences and seminars and may be available to speak at your function. [www.coachingauthenticlives.com](http://www.coachingauthenticlives.com)

**LEEANN HEINBUAGH, MA** is a consultant and teacher who works internationally with individuals, organizations and groups. Her approach is integrative, intuitive, creative and spiritual - drawing from many disciplines, practices and perspectives. LeeAnn is a gifted intuitive and has studied shamanism, native traditions, art and spiritual practices throughout the United States, Mexico and Central America for more than twenty years. She is known for her earthy, practical and sometimes irreverent nature - bringing playfulness and compassion to the deep, introspective realms of personal growth. She has worked in business, organizational development, integrative medicine, holds a Master's degree in Counseling Psychology and is an ordained Minister. [www.journeysinliving.com](http://www.journeysinliving.com) (970) 390-9168

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